



#### KEY WORDS

- ✓ Time management
- ✓ Professional autonomy
- ✓ Nursing profession
- ✓ Nurse
- ✓ Healthcare institutions

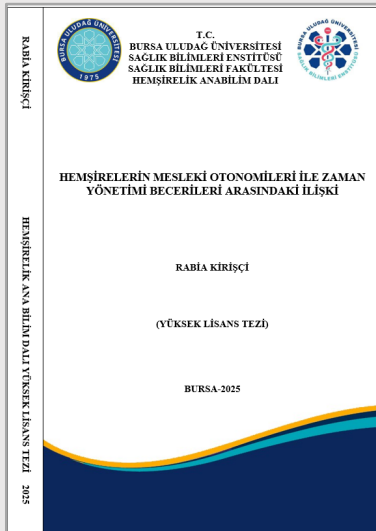
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## THE RELATIONSHIP BETWEEN NURSES' PROFESSIONAL AUTONOMY AND THEIR TIME MANAGEMENT SKILLS

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#### THESIS ABSTRACT

This study was conducted to determine the relationship between nurses' professional autonomy and time management skills. This descriptive and correlational study was conducted with 380 nurses across Turkey. Data were collected between February 2024 and July 2025 using an online survey using the "Personal Information Form," the "Time Management Scale," and the "Nurse Activity Scale." The mean score for the "Nurse Activity Scale" was 170.77, and the mean score for the "Time Management Scale" was 74.70. When the relationship between the two scales was examined, a weakly significant negative correlation was found between the "Nurse Activity Scale" and the "Time Management Scale" ( $r=-0.346$ ,  $p<0.001$ ).

The study concluded that nurses have a moderate level of professional autonomy and a low level of time management attitudes. It was determined that as nurses' professional autonomy levels increased, their time management skills decreased.

#### APPLICATION AREAS OF THE THESIS RESULTS

This research can be used in education, planning, and leadership practices in nursing administration. It can also guide the development of strategies to support the professional development of nurses in healthcare settings and the structuring of time management training.

#### ACADEMIC ACTIVITIES

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